CLASS 1 & 2

Routine Screening Requirements

Key ages[1]	8 CV RF[2] assessment	Extensive CV Exam[3]	Contrast Sensitivity Assessment[4]
40	✶		
45	✶		
50	✶		
53	✶		
56	✶		
59	✶		
60			✶
61	✶		✶
62			✶
63	✶		✶
64			✶
65	✶	✶	✶
66			✶
67	✶		✶
68			✶
69	✶	✶	✶
70			✶
71	✶		✶
72			✶
73	✶	✶	✶
74			✶
75	✶		✶
76			✶
77	✶	✶	✶
78			✶
79	✶		✶
80			✶

Comments (248) abbreviation used:

CVD -Risk assessment:
ESC: App tool used / % pr. year
Contrast Sensitivity Assessment:
CSA: Normal/abnormal
Obstructive Sleep Apnoea Risk Assessment:
OSA-RA: low/Intermediate/high

8 CV RFs (per European Society of Cardiology)

1. Dyslipidaemia
2. Hypertension
3. Smoking (regular smoker)
4. Diabetes mellitus
5. Premature familial CVD
   - Father, brother, or son before 55
   - Mother, sister, or daughter before 65
6. Familial hypercholesterolaemia (Hx of dyslipidaemia since childhood/youth)
7. BMI ≥ 30
8. Comorbidities: cardiovascular or cerebrovascular disease, peripheral arterial disease, AF, chronic kidney disease, obstructive sleep apnoea (OSA), significant multimorbidity

If ≥ 2 CVRFs: (note in Comments (248))
Use ESC CVD Risk App

- In general: **SCORE2**
- 70 years or older: **SCORE2-OP**
- Diabetic aged at least 40: **SCORE2-Diabetes**
- Previous CVD and aged at least 30: **SMART**
- If North America: **ASCVD**
- Rest of world – fit into nearest Euro category.

Screening for Obstructive Sleep Apnoea (OSA) Syndrome. (note in Comments (248))

If 1st time any of **2**, **4**, **7**, **8**, Mallampati ↑, Neck circumference↑, other OSA RFs → **STOP-BANG**

Notes

[1] Adapt case by case to meet regulatory periodicity.
[2] CV RF – Cardiovascular Risk Factors
[3] CV Examination – Only Class 1. At the first revalidation or renewal examination after age 65 and every 4 years thereafter.
[4] At every examination for Class 1 ≥ 60 years